

Summer Camp Menu

JULY 2026

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	French Toast Bake Potatoes Bacon Fresh Fruit 1% Milk or Sugar Free Juice	Oatmeal Potatoes Sausage Fruit 1% Milk or Sugar Free Juice	Breakfast Hash Eggs Sausage Toast Fruit 1% Milk or Sugar Free Juice	Pancakes Potatoes Sausage Fruit 1% Milk or Sugar Free Juice	Scrambled Eggs Bacon Potatoes Fruit 1% Milk or Sugar Free Juice	Muffins Potatoes Bacon Fruit 1% Milk or Sugar Free Juice	Omelet Bake Sausage Onions & Peppers Cheese Potatoes 1% Milk or Sugar Free Juice
LUNCH	Grilled Chicken Sandwiches Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Beef Tacos Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Turkey and Bacon Wraps Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Salad Sandwiches Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Beef Rice Bowls Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Ham and Cheese Subs Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Tenders & Fries Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice
DINNER	Beef Tacos Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Turkey Spaghetti Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Beef Meatloaf Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Cookout: Hot Dogs, Grilled Chicken Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Pizza (pepperoni, sausage, cheese) Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Beef Stir Fry Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	BBQ Chicken Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice

Summer Camp Menu

JULY 2026

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	French Toast Bake Potatoes Bacon Fresh Fruit 1% Milk or Sugar Free Juice	Oatmeal Potatoes Sausage Fruit 1% Milk or Sugar Free Juice	Breakfast Hash Eggs Sausage Toast Fruit 1% Milk or Sugar Free Juice	Pancakes Potatoes Sausage Fruit 1% Milk or Sugar Free Juice	Scrambled Eggs Bacon Potatoes Fruit 1% Milk or Sugar Free Juice	Muffins Potatoes Bacon Fruit 1% Milk or Sugar Free Juice	Omelet Bake Sausage Onions & Peppers Cheese Potatoes 1% Milk or Sugar Free Juice
LUNCH	Chicken Fajita Bowls Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Salisbury Steak Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Ranch Wraps Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Quesadillas Fresh Vegetables Salad Bar Fresh fruit 1% Milk or Sugar Free Juice	Meatball Subs Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Turkey Rice Bowls Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Tenders & Fries Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice
DINNER	Chicken Alfredo Breadsticks Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Turkey Pasta Bake Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Yellow Rice Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Cookout: Hamburgers and Hot Dogs Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Pizza (pepperoni, sausage, cheese) Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	General Tso's Chicken Rice Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Pot Pie Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice

Summer Camp Menu



JULY 2026

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	French Toast Bake Potatoes Bacon Fresh Fruit 1% Milk or Sugar Free Juice	Oatmeal Potatoes Sausage Fruit 1% Milk or Sugar Free Juice	Breakfast Hash Eggs Sausage Toast Fruit 1% Milk or Sugar Free Juice	Pancakes Potatoes Sausage Fruit 1% Milk or Sugar Free Juice	Scrambled Eggs Bacon Potatoes Fruit 1% Milk or Sugar Free Juice	Muffins Potatoes Bacon Fruit 1% Milk or Sugar Free Juice	Omelet Bake Sausage Onions & Peppers Cheese Potatoes 1% Milk or Sugar Free Juice
LUNCH	Chicken Sandwiches Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Beef Cheesesteaks Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Turkey Subs Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Pasta Salad Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Beef Patty Melts Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Open Roast Beef Sandwich Mash Potato's Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Tenders & Fries Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice
DINNER	Beef Meatloaf Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Turkey Pasta Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Beef Meatballs Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Cookout: Hamburgers Only Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Pizza (pepperoni, sausage, cheese) Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken ala King Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Roast Chicken Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice

Summer Camp Menu

JULY 2026

WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	French Toast Bake Potatoes Bacon Fresh Fruit 1% Milk or Sugar Free Juice	Oatmeal Potatoes Sausage Fruit 1% Milk or Sugar Free Juice	Breakfast Hash Eggs Sausage Toast Fruit 1% Milk or Sugar Free Juice	Pancakes Potatoes Sausage Fruit 1% Milk or Sugar Free Juice	Scrambled Eggs Bacon Potatoes Fruit 1% Milk or Sugar Free Juice	Muffins Potatoes Bacon Fruit 1% Milk or Sugar Free Juice	Omelet Bake Sausage Onions & Peppers Cheese Potatoes 1% Milk or Sugar Free Juice
LUNCH	Chicken Burrito Bowls Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Ham and Cheese Melts Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Turkey Burgers Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Italian Baked Chicken Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Baked Ziti Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Grilled Cheese Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Chicken Tenders & Fries Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice
DINNER	Beef Tacos Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Turkey Spaghetti Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Beef Primavera Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Cookout: Pulled Chicken Hotdogs Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Pizza (pepperoni, sausage, cheese) Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Beef Tips and Gravy Rice Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice	Roast Chicken Fresh Vegetables Salad Bar Fresh Fruit 1% Milk or Sugar Free Juice